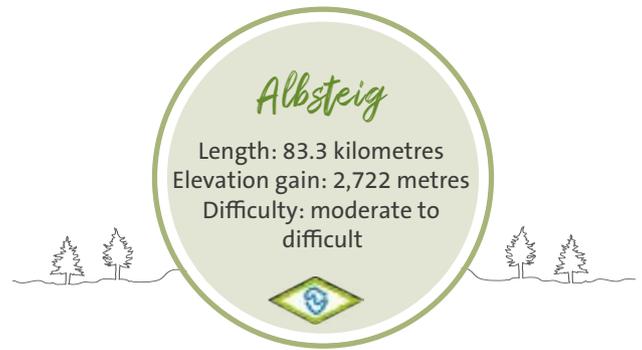




ALBSTEIG

STAGES & INFORMATIONS





Contents

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Are you up for the challenge? The Albsteig Black Forest trail in the heart of the Southern Black Forest Nature Park takes you on an 83.3-kilometre journey along the sometimes bubbling, sometimes calm Alb river. Hiking against the flow, you will travel from Albbruck on the Upper Rhine to the source at Feldberg, climbing over 2,700 metres in altitude. Depending on how you plan your stages, you can hike at a sporty pace or explore the region a little more on shorter day trips. Marvel at numerous waterfalls and the Teufelsküche (Devil's Kitchen) in the steep gorge of the lower Alb Valley, hike across flowering meadows, through the quiet Hotzenwald forest and along the Menezschwander Alb to the Feldberg and along the Bernauer Alb to your destination in St. Blasien.

Along the way, magnificent viewpoints and pretty Black Forest villages invite you to linger.

More information at:
► albsteig.de
or simply scan this QR code.





Stages for connoisseurs

(Description from page 12)

Stage 1: Albruck – Görwihl

◄► 11.9km ▲573 m up (elevation gain) ▼273 m down (elevation loss)

Stage 2: Görwihl – Wittenschwand

◄► 14.9 km ▲654m up ▼382 m down

Stage 3: Wittenschwand – St. Blasien

◄► 16.4km ▲481 m up ▼570 m down

Stage 4: St. Blasien – Menzenschwand

◄► 9.6 km ▲179 m up ▼127 m down

Stage 5: Menzenschwand – Feldberg mountain pass

◄► 10 km ▲462 m up ▼90 m down

Stage 6: Feldberg mountain pass – Bernau

◄► 10.1 km ▲329 m up ▼652 m down

Stage 7: Bernau – St. Blasien

◄► 10.2 km ▲48 m up ▼129 m down

Stages for sporty types

Stage 1: Albruck – Görwihl

◄► 11.9 km ▲573 m up ▼273 m down

Stage 2: Görwihl – Häusern

◄► 27.1 km ▲1.066 m up ▼821m down

Stage 3: Häusern – Feldberg mountain pass

◄► 23.7 km ▲721 m up ▼370 m down

Stage 4: Feldberg mountain pass – Häusern

◄► 24.8 km ▲518 m elevation gain ▼870 m elevation loss



Reaching your destination with the hash key:



The route is continuous and marked in both directions with the diamond-shaped road sign.

Accommodations

You can find all the accommodation options on our website: www.albsteig.de



- Hosts who are more than 2 km away from the trail are either easily accessible by public transport or offer a shuttle service to and from the trail.
- Last-minute bookings are generally possible, but we recommend booking accommodation well in advance. Many accommodations are fully booked, especially on weekends, public holidays and during school holidays. It is worth making your reservation early.

Tip

- Unlike many others, start your hiking week in the middle of the week.
- Further accommodation options (camping and motorhome sites, youth hostels and cabins, trekking camps) can be found at: www.albsteig.de

Hiking without luggage

- With package deals including luggage transport, you can hike the Albsteig Black Forest trail without any worries.
- Detailed service descriptions at: www.albsteig.de

Equipment

- Suitable outdoor clothing for all weather conditions, good walking boots and walking sticks.
- There are few places to seek shelter from the rain along the route, so we recommend wearing rain gear.
- We recommend a sufficient supply of drinks from, at least 1.5 litres.



The hiking pass

Your perfect companion!

- You can obtain the Albsteig Black Forest hiking pass at all tourist information offices along the trail.
- Along the Albsteig Black Forest trail, 13 small information boards have been erected, each telling a different story about the Albsteig region. For each board, you must answer a question in your hiking pass.
- At the end of the tour, you will receive a certificate and a small souvenir !

Excellent



- Since 2017, the Albsteig Black Forest has been awarded the "Quality Trail Wanderbares Deutschland" certificate by the German Hiking Association.
- Accommodation specifically designed for hikers can be awarded the "Qualitätsgastgeber Wanderbares Deutschland" seal of approval by the German Hiking Association.



Current route information



- If a diversion is necessary due to forestry or path maintenance work, you can find out about this in advance on the Albsteig Black Forest website under the category "Current path information".
- Uniformly designed diversion signs erected at the start and end of the diversion help hikers find their way. The diversion route is also signposted with the Albsteig route.
- Tip: Checking the current road conditions on the website 1–2 days before arrival will help you avoid any surprises.

Albsteig Black Forest Tours digital

Each stage description includes a QR code that you can use to download the tour description and map directly to your smartphone.



All stages of the Albsteig Black Forest trail can be found in the free Black Forest app (see QR code below), which can also be saved for offline use. You can also find the Schluchtensteig Collection on komoot (see QR code below).

Tip: Download the stages offline, as there is not always mobile reception in the gorges.

Stops for refreshments



- All kinds of culinary delights await you along the trail. Information about places to stop for refreshments can be found on our website.
- Please note the current opening hours and closing days.

Hiking with your dog

- The trail is usually easily accessible with dogs.
- Dogs must always be kept on a lead.
- When booking, please check whether dogs are permitted at the accommodation.



◀ Descending Black Forest Collection at komoot.



Black Forest app ▶

The hiking cross of the south

In St. Blasien, south of Lake Schluchsee the two long-distance hiking trails **Schluchtensteig** and **Albsteig Schwarzwald** intersect at the "**Wanderkreuz des Südens**" (Southern Hiking Cross). This offers hikers interesting opportunities to rediscover the two long-distance hiking trails by combining sections. The Black Forest Wolf Trails project is a unique interactive educational and adventure centre with hiking routes dedicated to the wolf as a prey animal, integrated into the Southern Hiking Cross :
www.wanderkreuz-des-suedens.de



Also in the region

Definitely worth another hike: the Black Forest gourmet trails. They are certified as premium hiking trails and are designed as half-day or full-day circular routes. They are premium because they are constantly monitored and offer varied, nature trails away from roads and towns guarantee societies.



Social media



Facebook

Visit us on Facebook at www.facebook.com/Albsteig_Schwarzwald



Instagram

[instagram.com/albsteig_schwarzwald](https://www.instagram.com/albsteig_schwarzwald), #albsteig_schwarzwald



Pinterest

en.pinterest.com/wanderkreuz-des-suedens



Starting point

- Albbruck, Feldberg or St. Blasien, the trail is signposted in both directions.

KONUS



- In some places along the Albsteig Black Forest trail, you can obtain the KONUS guest card from your host. This card allows you to use buses and local trains throughout the Black Forest free of charge.

Local public transport



- Find the best connection for today at www.efa-bw.de or www.bahn.de.
- Further information can be found on our website or in Leisure Bus Flyer No. 10.
- The best stops for public transport connections can be found in the stage descriptions.



Car parking

- Albbruck: Free parking spaces at the community hall or outdoor swimming pool
- St. Blasien: Free parking spaces along the bypass
- Feldberg: Parking spaces at the Grafenmatt ski lift car park and in the multi-storey car park

Back to the car



- Allow approximately 1.5-2 hours for the transfer by bus.



current
Connection search

Public transport information /
Leisure bus no. 10 ▶



Repatriation Wolfssteig

Do you still have some time and would like to walk back to the starting point of the Albsteig Black Forest in Albruck? Then we have just the right suggestion for you! Once you have hiked both sections of the Albsteig Schwarzwald in the north and arrived back in St. Blasien, you can continue hiking via the Albsteig Schwarzwald to Häusern and from there via the Mittelweg trail of the Black Forest Association  via Höchenschwand to the Kreuzstein car park. From here, follow the Wolfssteig  past the Wolfshütte, through the rose village of Nögenschwiel to the Waldshut game reserve. The Mittelweg will take you on to Waldshut railway station. From there, you can take the train or bus to the starting point in Albruck or hike along the Hochrhein-Höhenweg  to Albruck railway station. The Wolfssteig trail offers a wealth of information about wolves and aims to help reduce the reservations many people have about these animals and increase acceptance of the partial reintroduction of wolves. The "eight" formed by the Albsteig Schwarzwald and the return via the Wolfssteig trail offers numerous combination possibilities. This allows you to enjoy one or more varied hiking experiences.

Length:  39.7 km, duration: 11.5 hours,  elevation gain: 735 metres,  elevation loss: 1,220 metres

Accommodation options in Höchenschwand, Nögenschwiel or Waldshut-Tiengen.



**100%
von hier.**



Abenteuer Albsteig

Wandern ohne Gepäck - Sorglos Pakete

Albsteig - Die sportliche Tour

- 6 Tage | 5 Nächte
- Gesamtroute 83,3 km
- Albruck - Feldberg - St. Blasien **610 € pro Person**

Albsteig - Die genießer Tour

- 8 Tage | 7 Nächte
- Gesamtroute 83,3 km **799 € pro Person**

Individuell

- Gepäcktransport und Personentransfer
- über den Wolfsteig zurück nach Waldshut

Heimat ist unser Standort

regional. kompakt. kompetent.

www.schwarzwaldgepaecktransport.de

Tel. +49 (0) 7762 80 33 81 0



Hellbach Waterfall

Tour: ◀▶ 12 km ⌚ 3.5 hours ▲ 570 m ▼ 270 m

The first stage alone reveals the diversity of the Albsteig Black Forest: wildly romantic gorges, bubbling streams, waterfalls, large and small

viewpoints, connected by narrow paths, shady forest trails and sunny field paths.



Your hike on the Albsteig Black Forest trail begins in Albbruck, where the Alb river flows its crystal-clear waters into the mighty Rhine. The trail leads up to Schachen along the impressive Alb Gorge. There you will be rewarded with a panoramic view of the wide Rhine Valley and Switzerland. On narrow, sometimes adventurous paths, you will experience the wildness of nature up close. From here, the trail winds its way high up the slope, offering spectacular views of the valley, which are particularly impressive from the Peterskanzel or Bernhardsruhe. You will be immersed in the tranquillity of shady forest paths that lead you past the picturesque Kaibenfelsen viewpoint to Höllbach. Where it flows into the Alb, idyllic gravel banks invite you to take a well-deserved break – perfect for cooling your feet in the bubbling water. After the ascent to Görwihl, you will be rewarded: the Höllbach waterfall rushes thunderously over the rocks. At the main signpost Hornstollen, you leave the trail briefly and after about one kilometre you reach the centre of Görwihl.

Sporty version:

Albruck-Görwihl approx. 12 km

Stage

Starting point: Albbruck railway station

Destination: Görwihl

Route: Albbruck – Schachen – Studinger Steg – Hohenfels – Tiefenstein – Höllbach Waterfall – Görwihl

Character

Country lanes with views, narrow paths on the slopes of the Alb Valley, crossing the Alb in the Alb Gorge, viewpoints overlooking the Alb Valley

Sights

🌅 St Peter's Pulpit

🌅 Bernhardsruhe

🌊 Höllbach Waterfall

🏛️ Görwihl Local History Museum

Places to stop for refreshments

🍴 Landgasthof Kranz – Albbruck
Schachen Tel: +49 (0)7753 5251

Restaurant eightyniners at Hotel Engel – Albbruck-Buch Tel: +49 (0)7753 3020 (approx. 1 km away)

Gasthaus zum Löwen – Görwihl
Tiefenstein Tel: +49 (0)7754 380

Public transport / How to get there

🚌 Bus stops:

- Albbruck railway station
- Görwihl Market Square
- Görwihl German Court

Car parking

🅑 community hall or outdoor swimming pool Albbruck

Stage transfer

Bus routes 7324, at weekends bus route 7330 and regional train
www.efa-bw.de & www.bahn.de



Bernhardsruhe

Tip

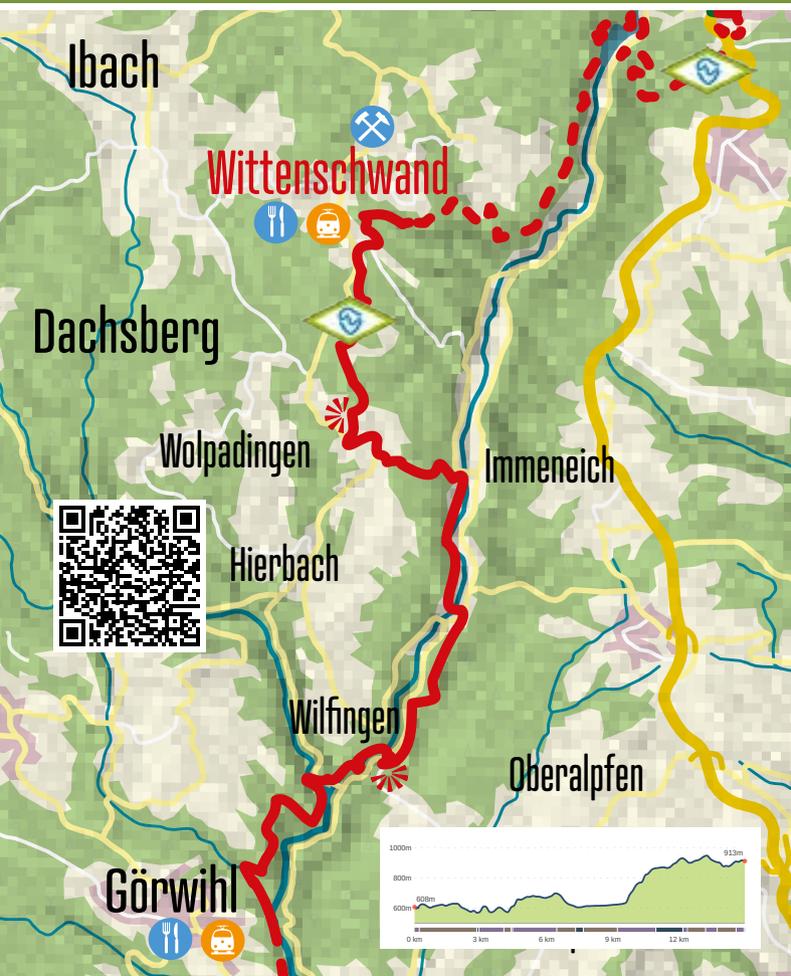
There are several chamois in the area around Schachen. If you are lucky and keep quiet, you may catch a glimpse of the animals right at the start of the hike.

Hotzenwald tourist information
Centre Görwihl
Tel. +49 (0)7754 70810
www.hotzenwald-schwarzwald.de



Panorama Wolpadingen

Tour: ◀▶ 15 km ⌚ 5.5 hours ▲ 650 m ▼ 380 m



Shady forest paths and unspoilt nature await you on stage 2. Paths that lead through the Alb Valley and across mountain ranges. Along the way, you will pass the impressive Teufelsküche (Devil's Kitchen) and enjoy a fantastic view of the Alps.

From Görwihl, continue past the main signpost for Hornstollen and on along the Albsteig Schwarzwald trail. On easily accessible forest paths, you delve deeper into the landscape and arrive at an idyllic vantage point that offers a fascinating view of the secrets of the Teufelsküche (Devil's Kitchen). Narrow paths take you along the slope to Niedermühle. Your hike continues through gentle meadows along the Alb to Immeneich, before the trail challenges you with a steep ascent to Wolpadingen. But your efforts will be rewarded: above the village, you will be treated to a fantastic view of the Alps, stretching far into the distance. Natural paths lead through the Hotzenwald forest to the Dachsberghalle in Wittenschwand, the well-deserved end point of this eventful day. From here, it is only a short, relaxed walk to the village centre.

Sporty version:
Görwihl-Häusern approx. 27 km

Tip

There are two rest areas on this section that are particularly suitable for a break: the shady viewpoint above Teufelsküche and the sunny Alpine viewpoint with a panoramic display board near Wolpadingen.



Stage

Start: Görwihl
Destination: Wittenschwand
Tour route: Görwihl – Teufelsküche – Niedermühle – Immeneich – Wolpadingen – Wittenschwand

Character

Narrow natural paths, quiet forest trails, deep and sweeping views

Sights

- devil's kitchen
- Wolpadingen panorama board
- nature discovery area
- Friedrich August Mine

Places to stop for refreshments

- Only in the stage locations Görwihl and Wittenschwand, hence packed lunch and ge-Pack enough drinking water!

Public transport / How to get there

- Bus stops:
 - Görwihl Market Square
 - Görwihl German Court
 - Wittenschwand School
 - Wittenschwand Wasenhof

Stage transfer

Bus route 7324 (weekdays only)
www.efa-bw.de & www.bahn.de

Dachsberg Tourist Information Centre
Tel. +49 (0)7672 990511
www.ferienwelt-suedschwarzwald.de



Tour: ◀▶ 16.5 km ⌚ 5.5h ▲ 480m ▼ 570m

This stage takes you along an old smugglers' trail and past the impressive Bildsteinfelsen rock formation, down to the sparkling Albstausee reservoir. From there,

the route continues to Häusern, before rustic paths and the rushing Windberg waterfall lead you to the cathedral town of St. Blasien.



From Wittenschwand, the route takes you along quiet forest paths and an old smugglers' trail. Your journey culminates in the ascent of the Bildsteinfelsen rock, from where you can enjoy a breathtaking view over the southern Alb tal valley. The route then takes you back down into the Alb tal valley, over some steep sections, to the Albstausee reservoir, whose glittering surface invites you to linger. A welcome blessing for tired hiking feet before you walk halfway around the shore of the Albstausee reservoir on natural paths and over a footbridge. From the reservoir, a narrow path winds its way past small streams and impressive rocks and winds its way up to houses. Paths and natural trails lead you on to the rushing Windberg waterfall. Passing more impressive rocks, the trail continues to the junction of the Albsteig Black Forest trail to St. Blasien. From here, you can already enjoy a magnificent view of the majestic dome of the cathedral before tackling the short walk to the historic town centre.

Sporty option:

Häusern – Menzenschwand – Feldberg Pass summit approx. 24 km



Windberg Gorge

Tip

The picturesque Bildstein rock forms a beautiful, natural and peaceful resting place where you can catch your breath after the steep climb and enjoy the view of the Alb Valley.

Stage

Start: Wittenschwand

Destination: St. Blasien

Tour route: Wittenschwand – Bildsteinfelsen rock formation – Albstausee reservoir – Häusern – Windberg waterfall – St. Blasien

Character

Old natural paths, numerous rocks, views of the Alb Valley, romantic little forest gorge

Sights

- picture stone rock
- Windberg Waterfall
- St. Blasien Cathedral
- District museum on the history of the cathedral and monastery

Places to stop for refreshments

- Café in the Old Angel – Urberg
Tel: +49 (0)7672 481572 (approx. 1 km away)
- Kamino Restaurant – Häusern
Tel: +49 (0)7672 4819970
- Restaurant at Hotel Albtalblick – Häusern
Tel: +49 (0)7672 93000
- Many more cafés and places to stop for refreshments in Häusern

Public transport / How to get there

- Bus stops:
 - Wittenschwand School
 - Wittenschwand Wasenhof
 - St. Blasien bus station

Stage transfer

Bus route 7324 (weekdays only)
www.efa-bw.de & www.bahn.de

Tourist information
Höchenschwand
Tel. +49 (0)7672 481812
www.hoehenschwand.de

Tourist information
Häusern + St. Blasien
Tel. +49 (0)7652 12060
www.hochschwarzwald.de



Menzenschwand

Tour: ◀▶ 9.5 km ⌚ 2.5 hours ▲ 180m ▼ 130m



You can take it a little easier on stage four: this stage is relatively flat and leads through the valley floor of the Menzenschwander Alb, where idyllic sections of the Alb river alternate with colourful flowering meadows and there are frequent views of the valley.

From the cathedral town of St. Blasien

The Albsteig trail takes you on a journey to show you the diversity of nature in all its splendour. The path hugs the banks of the Alb river until it reaches the Glashofsäge sawmill. Here, where the Alb and Albsteig fork into two branches, follow the eastern branch of the Menzenschwander Alb, cross the sawmill and hike along gentle forest paths, past a sparkling little reservoir. Shortly afterwards, small ponds and a pavilion invite you to linger. From here, follow the Albsteig Black Forest with a beautiful view into the valley to Menzenschwand-Vorderdorf, where this stage ends.

Sporty option:

Feldberg Pass – Bernau – Häusern approx. 20 km



near Menzenschwand

Tip

Due to the short length of this stage, you will have plenty of time for other things, such as visiting St. Blasien Cathedral or Le Petit Salon museum in Menzenschwand.



Menzenschwander Waterfall

Stage

Start: St. Blasien

Destination: Menzenschwand-Vorderdorf

Tour itinerary

St. Blasien – Glashof – Hubertusplatz – Menzenschwand-Vorderdorf

Character

Mostly flat, quiet forest and field paths, narrow sections, idyllic meadows, views of the valley

Sights

- St. Blasien Cathedral
- District museum on the history of the cathedral and monastery
- Le Petit Salon Museum
Winterhalter Menzenschwand

Places to stop for refreshments

- Only in the stage locations of St. Blasien and Menzenschwand-Vorderdorf, hence rucksack
Pack a snack and enough to drink!

Public transport / How to get there

- Bus stops:
- St. Blasien bus station
 - Menzenschwand Front Village

Stage transfer

Bus route 7321

www.efa-bw.de & www.bahn.de

Tourist information
Menzenschwand
Tel. +49 (0)7675 923811
www.hochschwarzwald.de





Menzenschwander Waterfall

Tour: ◀▶ 10 km ⌚ 3h ▲ 460m ▼ 90m

This stage leads along the Menzenschwander Alb to the pass summit at Feldberg, the highest mountain in the Black Forest. Along the way, you will encounter impressive natural spectacles such as the Menzenschwander waterfall and the Klusenmoräne.

From the front village in Menzenschwand, you hike along field paths to the idyllic rear village, past the game reserve and a small ski jump. After crossing the village, the path winds its way to the hidden Menzenschwander waterfall. In its narrow, moss-covered gorge, it offers welcome refreshment even on warm

View of Menzenschwand

days. The trail continues along a narrow path that winds its way through sunny goat pastures along the hillside. These hard-working goats are more than just cute companions; they are landscape conservationists, helping to preserve the unique vegetation of this high valley with their work. You hike down to the valley floor, where the idyllic Klusenmoräne invites you to take a refreshing break. The route continues along the gently babbling river, which accompanies you to Maria Loch. Here begins the steep but incredibly rewarding ascent along a narrow path up towards Feldberg. Once at the top, you walk past the cosy Menzenschwander Hut before reaching today's destination at the pass.

Stage

Start: Menzenschwand-Vorderdorf

Destination: Feldberg Pass summit

Tour route: Menzenschwand-Vorderdorf – Menzenschwand-Hinterdorf – Menzenschwander Waterfall – Klusenmoräne – Feldberg Pass

Character

Country lanes through rolling valleys, natural paths, idyllic high valley.

Sights

-  Le Petit Salon Museum
Winterhalter Menzenschwand
-  Menzenschwander Waterfall
-  House of Nature, Feldberg

Places to stop for refreshments

-  Only in the stage locations of St. Blasien-Menzenschwand and Feldberg, so pack a rucksack snack and enough drinking water!

Public transport / How to get there

-  **Bus stops:**
 - Menzenschwand Front Village
 - Feldberg Hebelhof

Stage transfer

Bus routes 7300 and 7321
www.efa-bw.de & www.bahn.de



Tip

The highest mountain in the Black Forest, the Feldberg, is approximately 3.5 kilometres from the pass. A visit to the House of Nature, 600 metres away, is definitely worthwhile.

Feldberg tourist information
House of Nature
Tel. +49 (0)7652 12060
www.hochschwarzwald.de



slab rock

Tour: ◀▶ 10.1 km ⌚ 3h ▲ 330m ▼ 650m



This stage leads from the pass summit along narrow paths via the Herzogenhorn, the Krunkelbachhütte and the Scheibenfelsen to Bernau. From the highest point of the Albsteig – the Herzogenhorn – there is a fantastic panoramic view over the Black Forest to the Alps.

From the pass, you will walk past the Herzogenhorn training centre. to the Herzogenhorn. Here, at the highest point of the Albsteig Black Forest trail, a breathtaking panoramic view spreads out before you – over the deep green forests of the Black Forest and as far as the Alps, which greet you on the horizon. After enjoying the view, the descent begins: across the idyllic valley, wide forest paths and a narrow trail, you descend metre by metre to the rustic Krunkelbachhütte, where you can take a well-deserved break. The trail then leads you through an interplay of shady forests and sunny pastures, past the Scheibenfelsen rock formation and down towards Bernau. Along the way, you will be treated to a wonderful view of the entire Bernau high valley, which is sure to amaze you before you cross the charming village of Bernau. Walking along the banks of the Bernauer Alb, you will reach your destination in Bernau-Innerlehen.



Bernau

Stage

Start: Feldberg Pass summit

Destination: Bernau-Innerlehen

Tour route: Feldberg Pass summit – Herzogenhorn Performance Centre – Herzogenhorn – Krunkelbachhütte – Scheibenfelsen – Bernau village – Bernau-Innerlehen

Character

Sun-drenched high valley, narrow paths, sweeping views

Sights

- House of Nature, Feldberg
- Herzogenhorn
- slab rock
- Resenhof Woodcarving Museum, Bernau-Oberlehen
- Wood Experience Forum, Bernau-Oberlehen
- Hans Thoma Art Museum, Bernau-Innerlehen

Places to stop for refreshments

- Guesthouse at the Herzogenhorn – Feldberg performance centre
Tel: +49 (0)7676 222
- Krunkelbachhütte mountain inn – Bernau
Tel: +49 (0)7675 338

Public transport / How to get there

- Bus stops:**
 - Feldberg Hebelhof
 - Bernau Innerlehen Town Hall

Stage transfer

Bus routes 7300 and 7321
www.efa-bw.de & www.bahn.de

Tip

Due to the short length of this stage, you will still have time for other things. For example, visiting one of the various museums in Bernau.

Bernau tourist information
Tel. +49 (0)7675 160030
www.bernau-schwarzwald.de





St. Blasien Cathedral

Tour: ◀▶ 10.2 km ⌚ 2.5 hours ▲ 50m ▼ 130m

This stage takes you from the picturesque Bernauer Hochtal valley, where the path winds along the banks of the Alb river, past flowering meadows and through varied landscapes on sunny field paths and shady forest trails, to the cathedral town of St. Blasien.

The final stage begins in Bernau-Innerlehen. From here, the trail takes you along the Alb, whose splashing and rushing sounds accompany you on your way to the idyllically situated and shady Tannengrund rest area. Continuing along the banks of the Alb, you will

pass through this unspoilt valley until you reach Bernau-Weierle. The Albesteig Black Forest trail continues to follow the Bernauer Alb, along picturesque forest paths, past imposing rocks and through wonderfully lush vegetation.

The trail finally leads you to Glas-hofsäge, which you already passed on stage four. From here, you now walk along the Alb back to St. Blasien. In the centre of this idyllic cathedral town, you have now reached your final destination and can relax and enjoy the rest of the day and your entire hiking tour.

Tip

Due to the short length of this stage, you will have plenty of time for other things, such as visiting the cathedral or the district museum in St. Blasien.

Stage

Start: Bernau-Innerlehen

Destination: St. Blasien

Tour route: Bernau-Innerlehen – Tannengrund – Bernau-Weierle – Glashof – St. Blasien

Character

Silent forests, bubbling Alb, flowering meadows

Sights

- M Resenhof Woodcarving Museum, Bernau-Oberlehen
- M Wood Experience Forum, Bernau-Oberlehen
- M Hans Thoma Art Museum, Bernau-Innerlehen
- A St. Blasien Cathedral
- M District museum on the history of the cathedral and monastery

Places to stop for refreshments

- I Only in the stage locations Bernau and St. Blasien, so pack a backpack snack and enough drinking water!

Public transport / Getting

- B Bus stops:
 - Bernau Innerlehen Town Hall
 - St. Blasien bus station
- P along the bypass

Stage transfer

Bus route 7321

www.efa-bw.de & www.bahn.de



St. Blasien tourist information
 Tel. +49 (0)7652 12060
www.hochschwarzwald.de



Accommodation



You can find all the accommodation options on our website: www.albsteig.de



Albsteig Swabian Alb

Have you already hiked the Swabian Brother? The 360-kilogram metre-long Albsteig HW1 quality trail in the Swabian Alb leads from Donauwörth to Tuttlingen through another magnificent landscape in Baden-Württemberg: www.albsteig.com

original
Landreisen
aktiv. natur. erleben.



ALBSTEIG HIKING without luggage

CLASSIC TOUR*

Waldshut-Tiengen →
Bernau → Feldberg
7 days | 6 nights with
breakfast | 5 stages
from €729 per person.

SPORTING TOUR*

Waldshut-Tiengen →
Feldberg
5 days | 4 nights with
breakfast | 3 stages
from €475 per person.

*optional:
Stage Feldberg
→ St. Blasien

 All tours include luggage transfer





You will encounter numerous natural highlights on the Albsteig Black Forest trail. To protect our natural environment and flora, we ask you to observe the following rules:



Please remain on the paved and marked paths.



Observe the rules of the nature reserves and temporary path closures.



Do not feed, catch, kill or disturb animals. Picking (protected) plants is also prohibited.



Please keep your distance from wild animals and grazing animals.



Swimming and entering the water is not permitted in some nature reserves.



Camping, bivouacking, and making fires are generally prohibited. Please use designated trekking or one-night camps for this purpose.



Please take everything you brought with you back with you – at least to the next rubbish bin. Good to know: even paper tissues take around 1.5 years to decompose.

Legal notice

Information and contact details Hiking project office

Tel.: +49 (0)7751 86 2660
tourismus@landkreis-waldshut.de
www.albsteig.de

Booking package deals: Original Landreisen

Tel.: +49 (0)761 88793110
www.original-landreisen.de

Black Forest luggage transport

Tel.: +49 (0)7762 8033810
www.schwarzwaldgepacktransport.de

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Layout: Sascha Hotz/Bergwerk Agency

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This project, "Quality initiative for certified hiking trails at the southern hiking trail junction in the Southern Black Forest Nature Park," was approved as a project of the state of Baden-Württemberg as part of the CAP Strategic Plan Germany 2023 - 2027 with funding from the European Union under the European Agricultural Fund for Rural Development (EAFRD) and with funding funded by the state of Baden-Württemberg.



www.gap-bw.de



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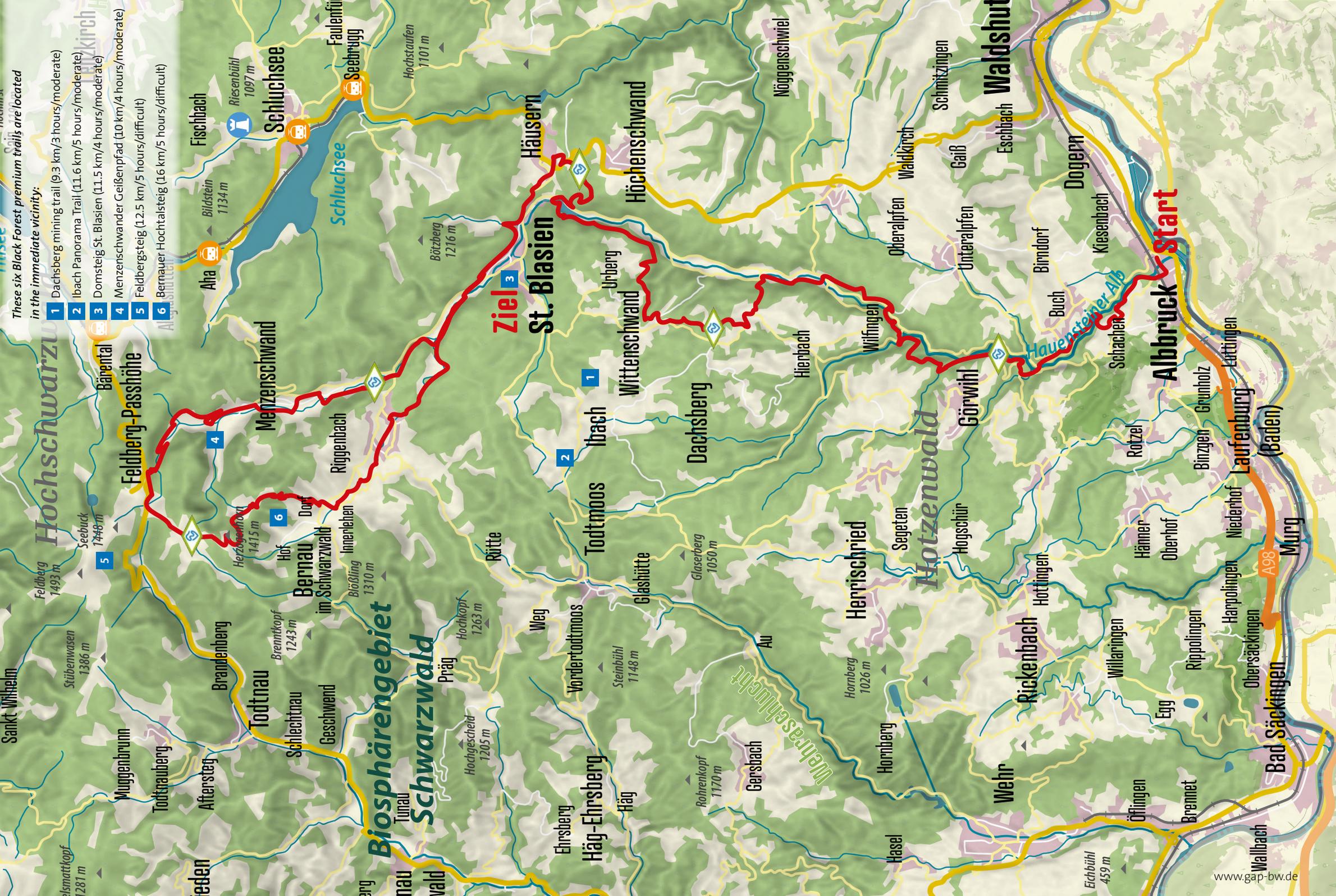


Naturpark
Südschwarzwald

Gefördert
durch



Baden-Württemberg
Ministerium für Ernährung,
Ländlichen Raum und Verbraucherschutz



These six Black Forest premium trails are located in the immediate vicinity:

- 1 Dachsberg mining trail (9.3 km/3 hours/moderate)
- 2 Ibach Panorama Trail (11.6 km/5 hours/moderate)
- 3 Domsteig St. Blasien (11.5 km/4 hours/moderate)
- 4 Menzenschwander Geißenpfad (10 km/4 hours/moderate)
- 5 Feldbergsteig (12.5 km/5 hours/difficult)
- 6 Bernauer Hochtalsteig (16 km/5 hours/difficult)

Schwarzwaldverein



24.000 Kilometer einheitlich markierte Wanderwege, 22 Fernwege, 15.000 Wegweiser, 250.000 Markierungszeichen, 30.000 ehrenamtliche Arbeitsstunden pro Jahr.

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www.bergwacht-schwarzwald.de




Wegweiser sind Rettungspunkte!

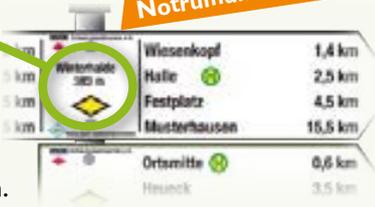
Schwarzwaldverein




Schwarzwaldverein und Bergwacht Schwarzwald haben ein flächendeckendes Rettungspunkte-System entwickelt.

Wird bei einem Notruf der **Standortname** eines Wegweisers genannt, können die Rettungskräfte den Wegweiser über ein Online-Tool lokalisieren.

Notrufnummer 112



Wiesenkopf	1,4 km
Halle	2,5 km
Festplatz	4,5 km
Musterhausen	15,5 km
Ortsmitte	0,6 km
Heusack	3,5 km

Für Wanderer & Outdoorsportler bedeutet das:

Ein Blick auf den Wegweiser und das Kennen des Standortnamens kann Leben retten!

www.schwarzwaldverein.de/112



Mehr Info online

Naturpark Südschwarzwald



Herzlich willkommen im Naturpark Südschwarzwald

© ZweiTälerLand / Clemens Emmler

Schön, dass du da bist: In einer Region, in der es sich gut leben lässt – wo Natur und Kultur, Tradition und Moderne eine einzigartige Mischung bilden, die Einheimische wie Gäste gleichermaßen begeistert.

Wir vom Naturpark Südschwarzwald e. V. setzen uns dafür ein, diese besondere Landschaft zu schützen und nachhaltig weiterzuentwickeln.

Ob Trekking-Camp oder Naturpark-Markt, Klimaanpassung oder Herdenschutz, Wiesenmeisterschaft oder Naturpark-Kochschule – wir fördern die Entwicklung unserer Region in vielfältigen Bereichen.



Neugierig? Hier erfährst du mehr

www.naturpark-suedschwarzwald.de

Ein Wanderweg im Schlafzimmer?



Draußen unterwegs im Südschwarzwald – das verspricht einmaliges Naturerlebnis! Natur erleben? Für uns Menschen eine Freizeitaktivität, für Wildtiere aber ist die Natur Lebensgrundlage! Ändere doch mal deine Perspektive und stell dir vor, dass Wald und Wiesen auch immer die Ess-, Schlaf- und Kinderzimmer von Wildtieren sind. Genau wie wir Menschen aber brauchen Tiere Nahrung und einen Platz, an dem sie ungestört sein können.

Es ist ganz leicht, sich im Lebensraum von Wildtieren verantwortungsvoll zu verhalten.

Sei auch du bewusstWild, indem du ...

1. auf den Wegen und markierten Routen bleibst. Das gilt auch für deinen Hund.
2. Dämmerung und Nachtzeiten meidest.
3. bei der Planung deiner Aktivität auf Wildtier-Lebensräume und deren Verhaltensregeln achtest.



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Weitere Infos unter www.bewusstWild.de



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